

Primary Lunch Menus

Week 1

W/C 12/4/21, 3/5/21 and 24/5/21



<u>Meat Free Monday</u>	<u>Tuesday</u>	<u>Around the World</u> <u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>Red Onion & Green Pepper Pizza Slice Served with Spiced & Diced Potatoes, Peas & Sweetcorn</p>	<p>Chicken & Tomato or Tomato & Mascarpone Pasta Pot served with Cheese & Side Salad</p>	<p><u>INDIA</u> Chicken Curry or Chick Pea & Spinach Curry Served with 50/50 Rice</p>	<p>Roast Beef & Yorkshire Pudding or Cauliflower Cheese & Leek Bake served with Roast Potatoes , Broccoli & Baton Carrots</p>	<p>Fish of the Day or Quorn Nuggets Served with Baked Wedges & Baked Beans</p>
<p>Lunch Bag <u>Sandwich of the Day</u> Ham or Cheese</p>	<p>Lunch Bag <u>Sandwich of the Day</u> Tuna or Cheese</p>	<p>Lunch Bag <u>Wednesday Wrap</u> Ham & Cheese or Egg Mayo & Lettuce</p>	<p>Lunch Bag <u>Sandwich of the Day</u> Chicken Mayo or Cheese</p>	<p>Lunch Bag <u>Sandwich of the Day</u> Tuna or Cheese</p>
<p>Old Bank Bun</p>	<p>Chocolate Brownie</p>	<p>Homemade Flapjack</p>	<p>Fruit Shortbread</p>	<p>Homemade Homebake</p>

Lunch Bags to include

Sandwich, Fruit or Fruit Salad, Homebake

& one of the following to be changed daily :-

Cheese & Biscuits, Philadelphia & Carrot Dippers, Yoghurt, Sliced Peppers,
Milkshake, Frubes, Fruit Drink

Complementary Bread to be available each day

Primary Lunch Menus

Week 2

W/C 19/4/21 and 10/5/21



<u>Meat Free Monday</u>	<u>Tuesday</u>	<u>Around the World</u> <u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>Mac 'n' Cheese Served with Garlic Dough Balls or Vegetarian Pilau Rice & Riata</p>	<p>Chicken Tikka or Baked Falafel Served on a Bed of Spicy Rice & Low Fat Sour cream</p>	<p><u>MEXICO</u> Beef Chilli or Vegetarian Chilli Served with Jacket Potato, Cheese Pot & Side Salad</p>	<p>Homemade Italian Meatballs or Quorn Pieces Served in a Tomato & Basil Sauce with Lightly Roasted New Potatoes & Green Beans</p>	<p>Jumbo Fish Fingers or Pizza Swirl Served with Baked Wedges, Sweetcorn & Pepper Mix</p>
<p>Lunch Bag <u>Sandwich of the Day</u> Ham or Cheese</p>	<p>Lunch Bag <u>Sandwich of the Day</u> Tuna or Cheese</p>	<p>Lunch Bag <u>Wednesday Wrap</u> Ham & Cheese or Egg Mayo & Lettuce</p>	<p>Lunch Bag <u>Sandwich of the Day</u> Chicken Mayo or Cheese</p>	<p>Lunch Bag <u>Sandwich of the Day</u> Tuna or Cheese</p>
<p>Marble Sponge Cake</p>	<p>Old Bank Brownie</p>	<p>Shortbread</p>	<p>Jammy Crumble</p>	<p>Homemade Homebake</p>

Lunch Bags to include

Sandwich, Fruit or Fruit Salad, Homebake

& one of the following to be changed daily :-

Cheese & Biscuits, Philadelphia & Carrot Dippers, Yoghurt, Sliced Peppers,
Milkshake, Frubes, Fruit Drink

Complementary Bread to be available each day

Primary Lunch Menus

Week 3

W/C 26/4/21 and 17/5/21



<u>Meat Free Monday</u>	<u>Tuesday</u>	<u>Around the World</u> <u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
A Selection of Vegetarian Paninis served with Seasoned Baked Wedges or Coleslaw Pot & Italian Side Salad	Chicken Tikka Masala or Sweet Potato & Lentil Masala Served with 50/50 Rice, Mini Onion Bhaji	<u>SPAIN</u> Cheese & Bacon Frittata or Cheddar & Spinach Frittata Served with Seasonal Vegetables	Roast Chicken & Yorkshire Pudding or Spicy Bean Tartlets served with Mashed Potatoes & Chives , Corn Cobs & Baton Carrots	Cod or Salmon Bites Served with Crinkle Cut Chips & Garden Peas or Tomato & Basil Pasta Pot & Cheese
Lunch Bag <u>Sandwich of the Day</u> Ham or Cheese	Lunch Bag <u>Sandwich of the Day</u> Tuna or Cheese	Lunch Bag <u>Wednesday Wrap</u> Ham & Cheese or Egg Mayo & Lettuce	Lunch Bag <u>Sandwich of the Day</u> Chicken Mayo or Cheese	Lunch Bag <u>Sandwich of the Day</u> Tuna or Cheese
Fruity Flapjack	Rock Buns	Fruit Jelly	Zesty Lemon Shortbread	Homemade Homebake

Lunch Bags to include

Sandwich, Fruit or Fruit Salad, Homebake

& one of the following to be changed daily :-

Cheese & Biscuits, Philadelphia & Carrot Dippers, Yoghurt, Sliced Peppers, Milkshake, Frubes, Fruit Drink

Complementary Bread to be available each day